

KNITTED KNOCKERS APPROVED YARNS - revised 10/2/2017

Please note that only knockers made from the following list will be used to fill orders from knittedknockers.org so if knitting or crocheting for us please only use these yarns. All are good for knitting, some are also good for crochet where indicated "C". Acrylic yarns are good only for swimming and indicated with "A".

Bellatrista Yarn, Milk Protein - C	Jaeger, Aqua Cotton	Rowan, Cotton Glace
Berroco, Modern Cotton DK - C	Katia, Mississippi 3	Sostrene Grene, Anna & Clara - C
Cascade Yarns, Cherub DK - C, A	Kertzer Yarns, Fine Cotton	Vinnis (South Africa), Serina - C
Cascade Yarns, Sateen - C, A	King Cole, Cottonsoft DK	Tahki, Cotton Classic DK
Cascade Yarns, Ultra Pima - C	Kraemer Yarns, Tatamy - A	Tahki, Cotton Classic Lite - C
Cascade Yarns, Ultra Pima Fine - C	Knit Picks, Comfy Sport - A	TB Ramsden, Wendy Supreme 100%
Cloudborn, 100% Pima Cotton DK* - C	Knit Picks, Comfy Fingering - C, A	luxury cotton DK
Classic Elite Yarn, Provence	Paintbox, Cotton DK	Trendsetter Yarns, Lana Grossa
Ella Rae, Phoenix DK - C	Patons, Grace* - C	Elastico
Euro Baby, Kid Cotton	Plymouth Yarns, Anne - C	Universal Yarn, Bamboo Pop - C
Fair Isle, Harbor - C	Plymouth Yarns, Cleo*	Universal Yarn, Cotton Supreme DK
Fiesta Yarns, Cottonista	Premier Yarns, Cotton Fair - C, A	Universal Yarn, Garden 3 - C
HiKoo, CoBaSi DK	Reynolds, Top Seed Cotton	Valley Yarns, Southwick

Due to recipient feedback, we have moved away from distributing acrylic knockers except for swimming use, since they will be worn for a short period of time. There is usually a low demand for acrylic knockers.

We have carefully compiled this list of approved yarns for our knitters & crocheters. All approved yarns have been tested and proven to be washable, stay soft after air drying, breathable, durable, the correct weight & make beautiful knockers. Our challenge has always been to identify yarns that are preferred by our recipients, available & affordable. The list has over 30 choices that can be purchased at local yarn stores, online or at "Big Box" stores at a variety of price points. The cost per average sized knocker using these yarns can vary from about \$1.20 to \$2.00 per knocker. Very affordable when you think about the difference it makes to the woman who wears them!

For the wearer, it is crucial that the knocker fiber not exacerbate a highly sensitive part of a woman's body that may have already suffered from surgical scarring, nerve damage, and possible radiation burns. To minimize the chances of this happening we ask that knitters & crocheters choose a yarn that we've already tested & know that every knocker created will be gratefully received & loved by the wearer. We receive constant affirmation that these ladies truly appreciate the time & talent that a caring volunteer took to make these for them. Check out some testimonials from grateful recipients if you ever want to remind yourself that what you are doing is making a difference! <http://www.knittedknockers.org/testimonials/>.

Please note that "I Love this Cotton" from Hobby Lobby is too heavy & washes up stiff when air dried so is not appropriate for knitted knockers.

You can mail completed, unstuffed knockers to us at Knitted Knockers Support Foundation, 1780 Iowa St., Bellingham, WA 98229.

Please include your contact information & the yarn label.

If stuffing, use a high quality poly fiber fill. Slightly overstuff & leave back open for adjustment. We use Premium Poly Fiber Fill made by Fairfield & found at Joann's & Walmart.

* [Craftsy.com](http://www.craftsy.com) will give Knitted Knockers Support Foundation a portion of your purchase at no extra cost to you! Click here to shop at www.craftsy.com